



ARE YOU READY?



End-of-life Options Workshop

Join Final Exit Network to learn the options for comfortably and safely hastening your death if you find yourself with an unacceptable quality of life – *and learn how to better position yourself for choosing when you die.*

NOTE: We will discuss specific options for planning to die – but you must not be considering an “exit” in the near future.

Saturday, Nov. 16

– TWO Sessions –

10-12:30 • 2-4:30

Endswell Funeral Home

407 Meadowlands Dr.

Hillsborough, NC 27278

Space is limited; registration is required.

To sign up, please contact:

workshop@FinalExitNetwork.org

What we'll cover:

Laying the Groundwork for Choice in Dying

- Identifying and documenting your wishes
- Having critical conversations
- Knowing the legality of hastening your death

Options for Hastening Death

- Declining therapeutic treatment
- Voluntarily stopping eating & drinking (VSED)
- Medical aid in dying (MAID)
- The “Swiss option”
- Inert gas method

FEN's Exit Guide Program

- Discussion /questions

For more information or to register, please contact

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